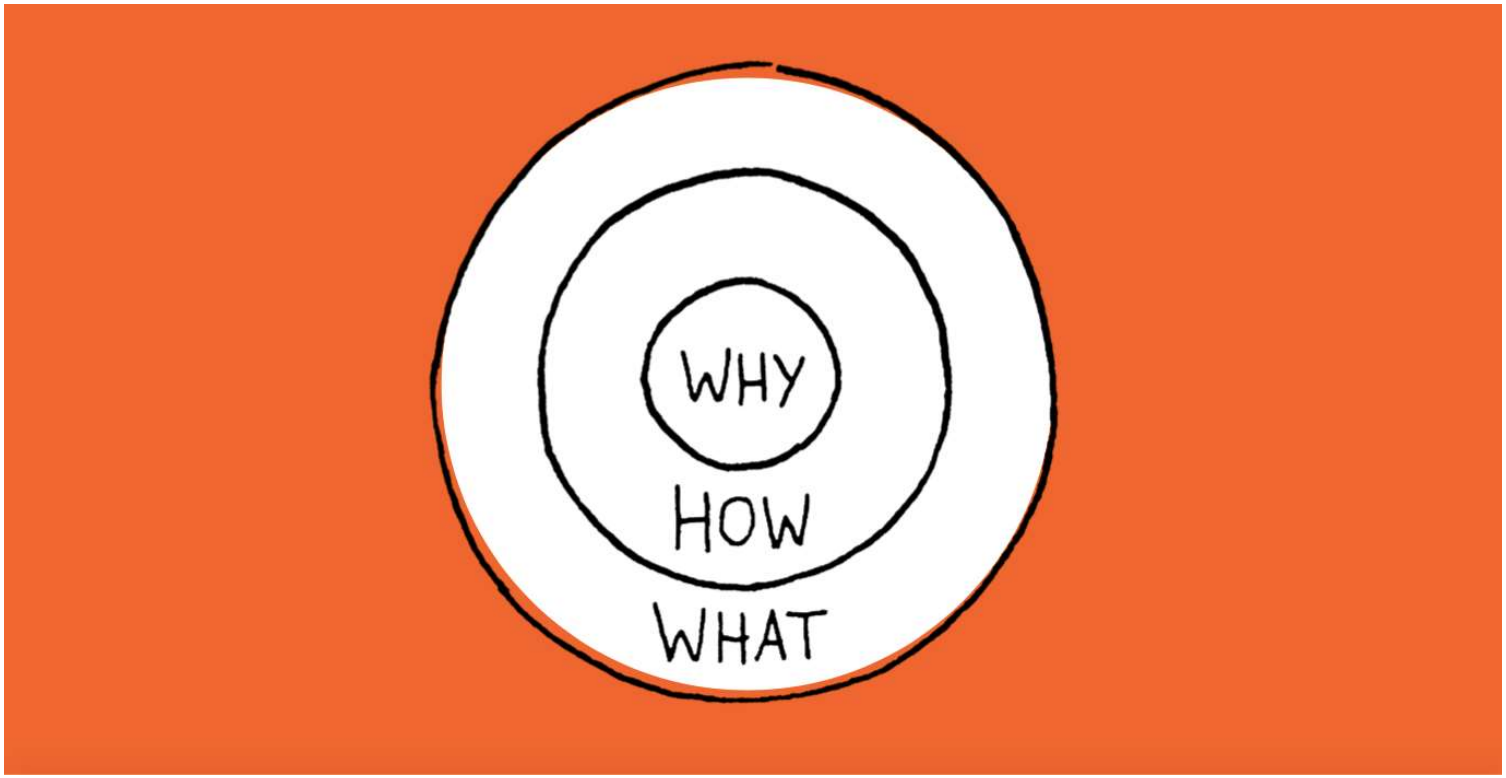
Contact List – foundation to success

What is your Why?



Why is sharing Doterra important to you?

To educate others in alternative natural health remedies.

To be self employed with a company and product which isin alignment with your values

To share with others the healing journey doterra has given you.

To work alongside another business as a complement to it and additional revenue stream.

Contact list creation

Stay at home parents who want to work around childcare commitments

Toddler groups

Face to face classes

Family

Retired people

Business people

Facebook groups

Shops

Friends

Church

Pamper evenings

Advertising

Siblings friends

Work colleagues

Pets

Old Neighbours

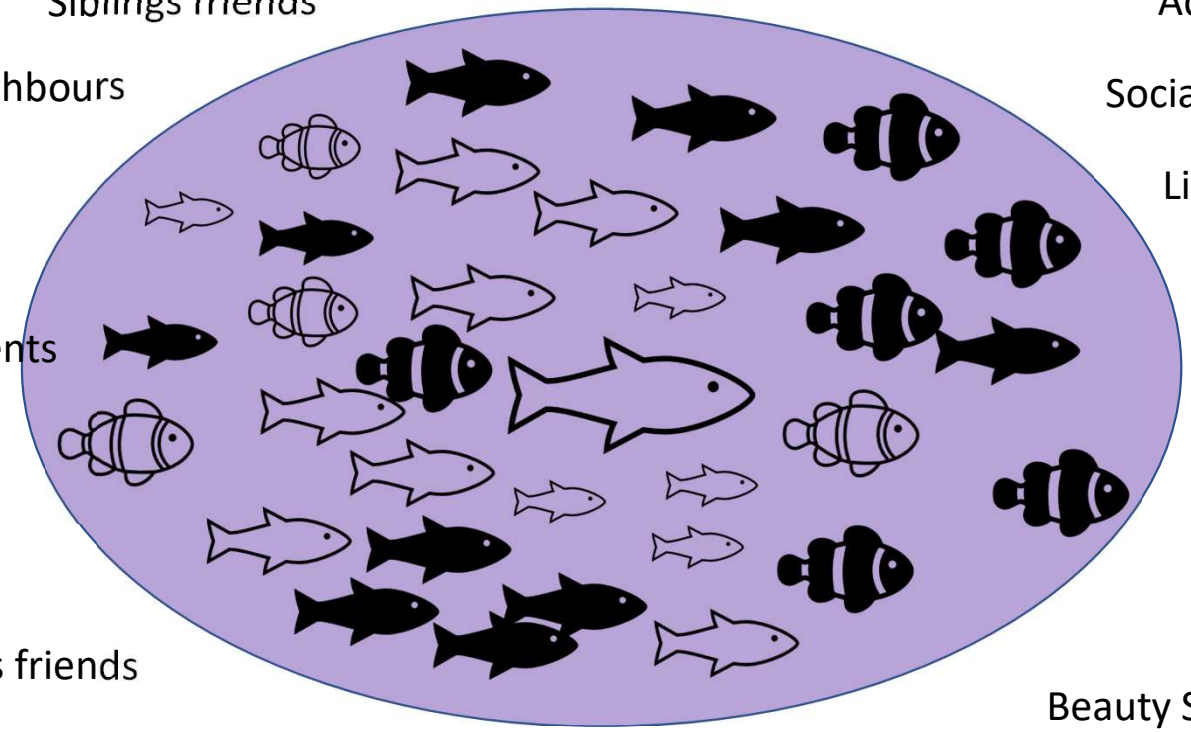
Neighbours

Social groups - online

LinkedIn contacts

Old School Friends

Instagram contacts



Children's friends parents

Facebook friends

Gyms

Teachers

Nutritionists

Club members

Therapists

Zoom classes

Parents friends

Beauty Salon

Nail technician

Previous work colleagues

Networking meetings

Cousins

Veterinary practice

Hairdresser

Uncles/Aunts

Partners friends

Alternative Contact list

Sleep problems

Stress

Anxiety

Pain

IBS

Inflammation

Menopause

Bad breath

Bites/stings

Bloating

Blood pressure

Cellulite

Pregnant

Colds

Head lice

Congestion

Colitis

Asthma

Warts

Depression

Ear ache

Endometriosis

Tonsillitis

Headaches

Toothache

Heartburn

Immune system

Menstrual problems

Migraines

Obesity

Mental Health

Respiratory

Emotional Well-being

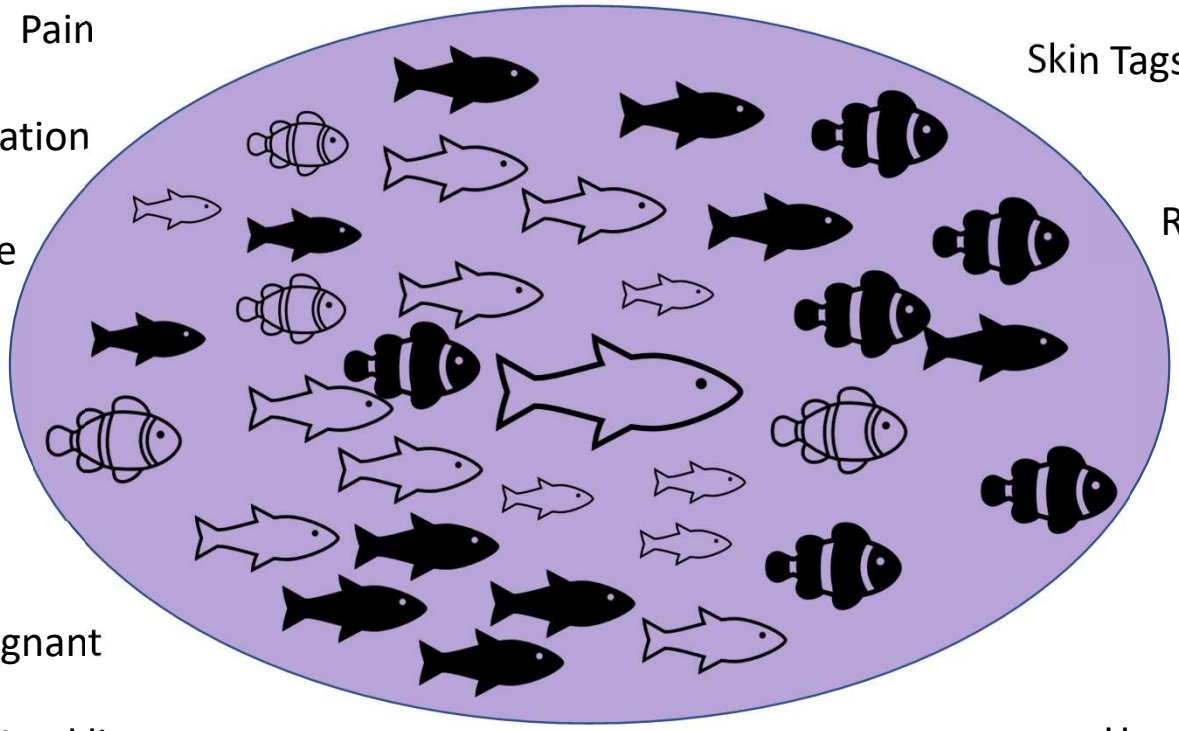
Skin Tags

Physical Health

Snoring

Sinus infection

Thrush



Action is the key to success
‘If its meant to be its up to me!’

- Start your contact list with a minimum of 100 people TODAY
- Set a goal to add xxxx number of new contacts every day
- Include online and offline contacts
- Include customers and potential sharers/builders
- Investigate what challenges your contacts might have that you have a potential solution to
- Emotional, hormonal, mental, physical, detoxing homes challenges
- Have a system to record information
- Watch next video